

CHERRY ROAD SCHOOL HEALTH OFFICE POLICIES

2024-2025

PHYSICALS:

According to New York State law, physical exams are required for all students in **grades Pre-K, K, 1, 3, 5, 7, 9, and 11** and for any **new** student entering the Westhill Central School District. Physical forms are available both from the Health Office and Main Office and the district and Cherry Road webpage at www.westhillschools.org . We encourage parents to have their child examined by their own physician whenever possible as he/she knows your child best. Please inform the Health Office if your child has an appointment for a physical later in the year so that we will not schedule a school exam. Please remember to send in the necessary paperwork to document the physical as soon as possible. Those students who do not turn in a completed physical form will receive a health appraisal from our school physician after November 1st. There have been some recent changes to the New York State Immunization requirements. Please check with your child's primary care physician to make sure their immunizations are current and they are ready to start school.

MEDICATIONS:

Any medications taken during the school day require a doctor's note, as well as a note from the parent. This includes all over-the-counter medications. Children are not permitted to transport medications to and from school. A parent must drop medications off in the Health Office.

MEDICAL CONCERNS:

Feel free to contact the Health Office with any concerns. If at any time during the school year there is a change in your child's medical condition, please notify the Health Office as soon as possible.

ATTENDANCE:

Please email the CHERRY ROAD MAIN OFFICE with any absences, early pick-ups, bus/transportation changes, etc. at crs.main.office@westhillschools.org

CHERRY ROAD MAIN OFFICE: 315-426-3300

CHERRY ROAD HEALTH OFFICE: 315-426-3320

CHERRY ROAD HEALTH OFFICE FAX: 315-426-3324

CHERRY ROAD MAIN OFFICE FAX: 315-468-0623

Thank you -

Mrs. Beth Nagraj, RN, School Nurse

**WESTHILL CENTRAL
SCHOOL DISTRICT
SCHOOL HEALTH SERVICES**

You don't want your child to miss school, but neither do you want to send a sick child to school and endanger him or her and other children as well. If your child comes to school ill, or becomes ill during the school day, he/she will be sent home. It is important that a parent or guardian can be reached at all times in the event of illness or injury. ***Please be sure to keep your emergency information up to date.***

WHEN SHOULD YOUR CHILD STAY HOME FROM SCHOOL?

Fever

Fever is an important symptom. When it occurs along with a sore throat, nausea, listlessness or a rash, consult your doctor. Please keep your child home during the course of a fever and for an additional ***24 hours after the fever has passed without the use of medications (Tylenol, Advil, etc).*** *Your child will be sent home for a temperature of 100 degrees or higher, per Onondaga County Health Department and CDC guidelines.

Vomiting or Diarrhea

A child who has either vomiting or diarrhea should ***remain at home until 24 hours after their last episode.*** in order to recuperate, and to prevent transmission of the illness to others. Unless, by nursing judgment, vomiting is due to anxiety, motion sickness, noxious smells, gagging and or sensory precursors.

Undiagnosed Rash

His/her doctor should see your child, as rashes are often contagious. The school nurse cannot diagnose a rash.

Bad Cough/Worsening Cold Symptoms

These can be a sign of bronchitis, flu, allergies, or pneumonia. When a mild cough lingers or worsens, keep your child home and call the doctor.

Sore Throat

A sore throat, especially if accompanied by a fever, headache, or body aches could be a strep infection. Strep is contagious and requires a throat culture to diagnose and antibiotics to treat. ***Your child MUST be on antibiotics for 24 hours before returning to school.***

Thank you for helping us keep our children and staff healthy!