

Westhill School High Menu

May 2019

Menu Subject to Change

Westhill School District Is An Equal Opportunity Provider and Employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Available with All Lunches

Assorted Fruit Cups
Milk Choice
Fresh Fruit

1 Pasta & Meatballs
w/ Garlic Bread Stick

Seasoned Green Beans
Garden Salad w/
Dressing
Fresh Fruit

2 Beef Nachos
w/Lettuce, Cheese and
Tomatoes
Refried Beans
Corn Salsa
Fresh Fruit

3 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

6 BBQ Rib
Sandwich

BBQ Baked Beans
Sweet Potato Fries
Fresh Fruit

7 Breakfast Sandwich
w/ Sausage

Hash Brown Patty
100% Fruit-Vegetable
Juice
Fresh Fruit

8 Toasted Cheese
Sandwich

Tomato Soup
w/ Cheez-it Crackers
Garden Salad w/
Dressing

9 Toasty Roast Beef Sub
with Cheese

Garlic Mashed
Potatoes
Seasoned Corn
Fresh Fruit

10 Personal Pan
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

13 Ham & Cheese
Melt
Tomato and Cucumber
Salad
Baked Oven Fries
Fresh Fruit

14 Parmesan
Chicken
w/ Texas Toast

Mashed Potatoes
Seasoned Green Beans
Fresh Fruit

15 Macaroni & Cheese
w/ Dinner Roll

Seasoned Carrots
Celery w/ Dip
Fresh Fruit

16 Chicken & Cheese
Quesadilla

Refried Beans
Seasoned Corn
Fresh Fruit

17 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

20 Hofmann Hot Dog
On a WG Roll

BBQ Baked Beans
Coleslaw
Fresh Fruit

21 French Toast Sticks
w/ Sausage

Hash Brown Patty
100% Fruit-Vegetable
Juice
Fresh Fruit

22 Fish Sandwich
On Whole Grain Roll

Tater Tots
Baked Beans
Fresh Fruit

23 Hot Turkey
w/ Gravy & Biscuit

Mashed Potatoes
Seasoned Corn
Fresh Fruit

24 Memorial Day
Weekend

No
School

27 Memorial
Day

No
School

28 Bacon
Cheeseburger

Sweet Potato Gems
Baked Beans
Fresh Fruit

29 Pasta and Meatballs
Garlic Stick
Seasoned Green Beans
Garden Salad w/
Dressing

30 Beef Taco w/ Lettuce,
Tomato, & Cheese

Seasoned Rice
Seasoned Corn
Fresh Fruit

31 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

Available Daily

A Variety of ...Pizzas,
Fresh Chef Salads, Assorted
Sandwiches and Wraps.

PB & J and Yogurt Meal
Also available

Breakfast	\$1.95
Lunch	\$2.95
Milk	.60
Large Milk	\$1.95

Visit our website to print an
application and to
view menus.

www.westhillschools.org

What is the name of the scale
used to measure the spicy
heat of peppers?

Scoville Scale