

Westhill High Lunch Menu

Menu Subject to Change

Westhill School District Is An Equal Opportunity Provider and Employer

April 2019

MONDAY

1 Chili Dog
On a WG Roll

Seasoned Carrots
Oven Fries
Fresh Fruit

8 Popcorn Chicken
w/ Biscuit

Baked French Fries
Seasoned Carrots
Fresh Fruit

15 Spring
Recess

No
School

22 Bacon Cheese Burger
on a WG Roll

Baked Beans
Potato Gems
Fresh Fruit

29 *Think Summer !*
BBQ Chicken Sandwich
Creamy Cole Slaw
Potato Salad
Baked Beans
Watermelon Slices

TUESDAY

2 French Toast
w/ Sausage

Hash Brown Patty
100% Fruit-Vegetable
Juice
Fresh Fruit

9 Meatball Sub on a
WG Roll

Sweet Potato Gems
Baked Beans
Fresh Fruit

16 Spring
Recess

No
School

23 Breakfast Sandwich
w/ Sausage, Egg and
Cheese

Hash Brown Patty
100% Fruit-Vegetable
Juice

30 Orange Chicken with
Vegetables and Rice
Vegetable Egg Roll

Fresh Fruit

WEDNESDAY

3 Fish Sandwich with
Cheese and Tartar Sauce

Seasoned Fries
Cole Slaw
Fresh Fruit

10 Macaroni and Cheese
Seasoned Green Beans
Garden Salad w/
Dressing
WG Brownie Bar
Fresh Fruit

17 Spring
Recess

No
School

24 Pepperoni and Cheese
Melt on Texas Toast
Seasoned Oven Fries
Garden Salad
Fresh Fruit
Cookie Treat

THURSDAY

4 Beef Stew
With a Biscuit

Mashed Potatoes
Seasoned Corn
Fresh Fruit

11 Beef Taco w/ Lettuce,
Tomato, & Cheese

Refried Beans
Seasoned Corn
Fresh Fruit

18 Spring
Recess

No
School

25 White Chicken Chili
w/ Corn Bread

Seasoned Carrots
Seasoned Green Beans
Fresh Fruit

FRIDAY

5 Home Made
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

12 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

19 Good
Friday

No
School

26 Home Made
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

Available with All Lunches

Assorted Fruit Cups
Milk Choice
Fresh Fruit

Available Daily

A Variety of ...Pizzas,
Fresh Chef Salads,
Assorted Sandwiches and
Wraps.

PB & J and Yogurt Meal
Also available

Breakfast \$1.95
Lunch \$2.95
Milk .60
Large Milk \$1.95

Visit our website to print
an application and to
view menus.

www.westhillschools.org

True or False
Milk is a good post –
exercise choice

Milk contains protein,
carbs, and calcium)
True