# Westhill High School Menu

Menu Subject to Change
Westhill Central School District Is An Equal Opportunity Provider and Employer

## March 2020

National Nutrition Month

### Available Daily
A variety of...
- Pizzas,
- Fresh Chef Salads
- Assorted Sandwiches and Wraps.
- Burgers and Chicken
- PB & J and Yogurt Meal
- also available

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| 2 Chicken & Cheese Quesadilla  
Black Bean & Corn Salsa  
Refried Beans  
Fresh Fruit | 3 Pasta w/ Meatsauce & Garlic Breadstick  
Steamed Carrots  
Seasoned Green Beans  
Fresh Fruit | 4 French Toast Sticks w/ Sausage  
Hash Brown Patty  
100% Fruit-Vegetable Juice | 5 Chicken Sandwich On a WG Roll  
Sweet Potato Wedges  
Seasoned Corn  
Fruit Cup | 6 Homemade Pizza  
Tossed Salad w/ Dressing  
Seasoned Broccoli  
Fresh Fruit |
| 9 Meatball Sub Sandwich  
Potato Wedges  
BBQ Baked Beans  
Fresh Fruit | 10 Bacon Cheeseburger On a WG Roll  
Broccoli and Cheese Sauce  
Baby Carrots w/ Dip  
Fresh Fruit | 11 Hot Turkey & Gravy w/ Whole Grain Roll  
Mashed Potatoes  
Seasoned Corn  
Fruit Cup | 12 Asian Chicken w/ Fried Rice  
Vegetable Eggroll  
Seasoned Carrots  
Fresh Fruit | 13 Staff Development Day  
No School for Students |
| 16 Hofmann Hot Dog On a WG Roll  
Sweet Potato Wedges  
BBQ Baked Beans  
Fruit Cup | 17 Corned Beef and Swiss Sub Sandwich  
Steamed Carrots  
Seasoned Green Beans  
Fruit Sugar | 18 Egg Sandwich w/ Cheese & Sausage  
Hash Brown Patty  
100% Fruit-Vegetable Juice | 19 Toasted Ham and Cheese Sandwich  
Tomato Soup w/ Crackers  
Baby Carrots w/Dip  
Fresh Fruit | 20 Wild Mike’s Pizza  
Tossed Salad w/ Dressing  
Seasoned Broccoli  
Fresh Fruit |
| 23 Pizza Crunchers w/ Marinara Sauce  
Orange Glazed Carrots  
Seasoned Green Beans  
Fruit Cup | 24 Parmesan Chicken Sandwich  
Sweet Potato Waffle Fries  
Orange Medley Juice  
Fresh Fruit | 25 Chicken & Potato Bowl w/ Biscuit  
Mashed Potatoes  
Steamed Corn  
Fruit Cup | 26 Beef Tacos w/ Seasoned Rice  
Black Bean & Corn Salsa  
Refried Beans  
Fresh Fruit | 27 Personal Pan Pizza  
Tossed Salad w/ Dressing  
Seasoned Broccoli  
Fresh Fruit |
| 30 Chicken Tenders w/ Dipping Sauce  
Baked French Fries  
Steamed Corn  
Fruit Cup | 3 Bacon Cheeseburger On a WG Roll  
Sweet Potato Fries  
Baked Beans  
Fresh Fruit | 28 Orange Medley Juice  
Fresh Fruit  
St. Patrick’s Day Treat | 29 Beef Stroganoff  
Mashed Potatoes  
Seasoned Corn  
Fruit Cup | 30 Wild Mike’s Pizza  
Tossed Salad w/ Dressing  
Seasoned Broccoli  
Fresh Fruit |

**Available with All Lunches**
- Assorted Fruit Cups

March 9:
**National Meatball Day**

Riboflavin is also known as...?