

# Westhill High School Menu

Menu Subject to Change

Westhill Central School District Is An Equal Opportunity Provider and Employer

# March 2020

## National Nutrition Month

### MONDAY

2 Chicken & Cheese Quesadilla  
Black Bean & Corn Salsa  
Refried Beans  
Fresh Fruit

9 Meatball Sub Sandwich  
Potato Wedges  
BBQ Baked Beans  
Fresh Fruit

16 Hofmann Hot Dog On a WG Roll  
Sweet Potato Wedges  
BBQ Baked Beans  
Fruit Cup

23 Pizza Crunchers w/ Marinara Sauce  
Orange Glazed Carrots  
Seasoned Green Beans  
Fruit Cup

30 Chicken Tenders w/ Dipping Sauce  
Baked French Fries  
Steamed Corn  
Fruit Cup

### TUESDAY

3 Pasta w/ Meatsauce & Garlic Breadstick  
Steamed Carrots  
Seasoned Green Beans  
Fresh Fruit

10 Bacon Cheeseburger On a WG Roll  
Broccoli and Cheese Sauce  
Baby Carrots w/ Dip  
Fresh Fruit

17 Corned Beef and Swiss Sub Sandwich  
Seasoned Green Beans  
Fresh Fruit  
**St. Patrick's Day Treat**

24 Parmesan Chicken Sandwich  
Sweet Potato Waffle Fries  
Orange Medley Juice  
Fresh Fruit

31 Bacon Cheeseburger On a WG Roll  
Sweet Potato Fries  
Baked Beans  
Fresh Fruit

### WEDNESDAY

4 French Toast Sticks w/ Sausage  
Hash Brown Patty  
100% Fruit-Vegetable Juice

11 Hot Turkey & Gravy w/ Whole Grain Roll  
Mashed Potatoes  
Seasoned Corn  
Fruit Cup

18 Egg Sandwich w/ Cheese & Sausage  
Hash Brown Patty  
100% Fruit-Vegetable Juice

25 Chicken & Potato Bowl w/ Biscuit  
Mashed Potatoes  
Steamed Corn  
Fruit Cup

### THURSDAY

5 Chicken Sandwich On a WG Roll  
Sweet Potato Wedges  
Seasoned Corn  
Fruit Cup

12 Asian Chicken w/ Fried Rice  
Vegetable Eggroll  
Seasoned Carrots  
Fresh Fruit

19 Toasted Ham and Cheese Sandwich  
Tomato Soup w/ Crackers  
Baby Carrots w/Dip  
Fresh Fruit

26 Beef Tacos w/ Seasoned Rice  
Black Bean & Corn Salsa  
Refried Beans  
Fresh Fruit

### FRIDAY

6 Homemade Pizza  
Tossed Salad w/ Dressing  
Seasoned Broccoli  
Fresh Fruit

13 **Staff Development Day**  
**No School for Students**

20 Wild Mike's Pizza  
Tossed Salad w/ Dressing  
Seasoned Broccoli  
Fresh Fruit

27 Personal Pan Pizza  
Tossed Salad w/ Dressing  
Seasoned Broccoli  
Fresh Fruit

### Available Daily

A variety of ...  
Pizzas,  
Fresh Chef Salads Assorted  
Sandwiches and Wraps.  
Burgers and Chicken  
PB & J and Yogurt Meal  
also available

### Breakfast

K - 4<sup>th</sup> grades \$1.80  
5 - 12<sup>th</sup> grades \$2.00

### Lunch

K - 4<sup>th</sup> grades \$2.80  
5 - 12<sup>th</sup> grades \$3.00

Visit our website to print  
an application and to  
view menus.

[www.westhillschools.org](http://www.westhillschools.org)

Riboflavin is also known  
as...?

Vitamin B12

### Available with All Lunches

Assorted Fruit Cups  
Milk Choice  
Fresh Fruit

**March 9:**  
**National Meatball Day**