

# Westhill High School Menu

Menu Subject to Change

Westhill Central School District Is An Equal Opportunity Provider and Employer

# February 2020

National Hot Breakfast Month

## MONDAY

3 Pizza Bites  
w/ Marinara Sauce

Steamed Carrots  
Seasoned Green Beans  
Fruit Cup

10 Chicken Tenders  
w/ Dipping Sauce

Baked French Fries  
Steamed Corn  
Fruit Cup

17 **No School**

**President's Day**

24 BBQ Rib Sandwich  
Cole Slaw  
BBQ Baked Beans  
Tater Tots  
Fruit Cup

## TUESDAY

4 Parmesan  
Chicken Sandwich

Sweet Potato Waffle  
Fries  
Orange Medley Juice  
Fresh Fruit

11 Bacon Cheeseburger  
w/Lettuce and Tomato  
Sweet Potato Fries  
Baked Beans  
Fresh Fruit

18 **No School**

**Winter Recess**

25 Homestyle Chili  
w/ Cheesy Cornbread

Steamed Corn  
Seasoned Green Beans  
Fresh Fruit

## WEDNESDAY

5 Grilled Turkey Rueben  
Goldfish Crackers  
Celery Sticks and Dip  
Steamed Corn  
Fruit Cup

12 Egg Sandwich on a  
Croissant w/ Sausage  
And Cheese  
Hash Brown Patty  
100% Fruit-Vegetable  
Juice

19 **No School**

**Winter Recess**

26 Fish Sandwich  
With Cheese and Tarter  
Sauce  
Baby Carrots and Dip  
Baked French Fries  
Fresh Fruit

## THURSDAY

6 Beef Tacos  
w/ Seasoned Rice

Black Bean & Corn Salsa  
Refried Beans  
Fresh Fruit

13 Baked Zita with Meat  
Sauce  
w/ Garlic Knots  
Steamed Green Beans  
Steamed Carrot Coins  
Fresh Fruit

20 **No School**

**Winter Recess**

27 Turkey Sub w/Lettuce,  
Tomatoes and Cheese  
Sweet Potato Fries  
Garden Salad w/  
Dressing

## FRIDAY

7 Wild Mike's  
Pizza

Tossed Salad  
w/ Dressing  
Seasoned Broccoli  
Fresh Fruit

14 Pizza Crunchers

Tossed Salad  
w/ Dressing  
Seasoned Broccoli  
Fresh Fruit  
**Valentine's Treat**

21 **No School**

**Winter Recess**

28 Wild Mike's  
Pizza

Tossed Salad  
w/ Dressing  
Seasoned Broccoli  
Fresh Fruit

## Available Daily

A variety of ...  
Pizzas,  
Fresh Chef Salads Assorted  
Sandwiches and Wraps.  
Burgers and Chicken

PB & J and Yogurt Meal  
also available

## Breakfast

K - 4<sup>th</sup> grades \$1.80  
5 - 12<sup>th</sup> grades \$2.00

## Lunch

K - 4<sup>th</sup> grades \$2.80  
5 - 12<sup>th</sup> grades \$3.00

Visit our website to print an  
application and to  
view menus.

[www.westhillschools.org](http://www.westhillschools.org)

Carbohydrates contain what  
chemical elements?

Carbon, hydrogen,  
and oxygen

## Available with All Lunches

Assorted Fruit Cups  
Milk Choice  
Fresh Fruit