

# Westhill High School Menu

# January 2019

Menu Subject to Change

Westhill School District Is An Equal Opportunity Provider and Employer

## MONDAY

Holiday Recess  
  
No School

7 Popcorn Chicken w/ Biscuit  
  
Baked French Fries  
Seasoned Carrots

14 Hofmann Chili Dog  
  
Baked Beans  
Potato Gems  
Cole Slaw  
Fresh Fruit

21 Martin Luther King Day  
  
No School

28 BBQ Rib Sandwich  
  
BBQ Baked Beans  
Sweet Potato Fries

## TUESDAY

1 Holiday Recess  
  
No School

8 Bacon Cheeseburger  
  
Sweet Potato Gems  
Baked Beans  
Fresh Fruit

15 French Toast Sticks w/ Sausage  
  
Hash Brown Patty  
100% Fruit-Vegetable Juice  
Fresh Fruit

22 Pizza Crunchers w/ Sauce  
  
Garden Salad w/Dressing  
Celery w/ Dip  
Fresh Fruit  
*Regents Exam Day*

29 Breakfast Sandwich w/ Sausage  
  
Hash Brown Patty  
100% Fruit-Vegetable Juice  
Fresh Fruit

## WEDNESDAY

2 Holiday Recess  
  
No School

9 Pull Pork Sandwich on a WG Roll  
Cheesy Potatoes  
  
Seasoned Green Beans  
Fresh Fruit

16 Meatball Sub On whole Grain Roll  
  
Baby carrots and Dip  
Garden Salad w/ Dressing  
Fresh Fruit

23 Pasta & Meatballs w/ Garlic Break Stick  
  
Seasoned Green Beans  
Garden Salad w/ Dressing  
*Regents Exam Day*

30 Toasted Cheese Sandwich  
  
Tomato Soup w/ Crackers  
Garden Salad w/ Dressing

## THURSDAY

3 Holiday Recess  
  
No School

10 Beef Taco w/ Lettuce, Tomato, & Cheese  
  
Cheesy Bean Dip  
Seasoned Corn  
Fresh Fruit

17 White Chicken Chili w/Scoops  
  
Seasoned Carrots  
Seasoned Green Beans  
Fresh Fruit

24 Beef Nachos  
  
Cheesy Bean Dip  
Seasoned Corn  
Fresh Fruit  
*Regents Exam Day*

31 Chicken & Potato Bowl w/ Biscuit  
  
Mashed Potatoes  
Seasoned Corn  
Fresh Fruit

## FRIDAY

4 Holiday Recess  
  
No School

11 Homemade Pizza  
  
Garden Salad w/ Dressing  
Seasoned Broccoli  
Fresh Fruit

18 Nardone's Pizza  
  
Garden Salad w/ Dressing  
Seasoned Broccoli  
Fresh Fruit

25 Homemade Pizza  
  
Garden Salad w/ Dressing  
Seasoned Broccoli  
Fresh Fruit  
*Regents Exam Day*

Available with All Lunches  
  
Assorted Fruit Cups  
Milk Choice  
Fresh Fruit

### Available Daily

A Variety of ...Pizzas,  
Fresh Chef Salads,  
Assorted Sandwiches  
and Wraps.

PB & J and Yogurt Meal  
Also available

Breakfast	\$1.95
Lunch	\$2.95
Milk	.60
Large Milk	\$1.95

Visit our website to print an application and to view menus.

[www.westhillschools.org](http://www.westhillschools.org)

True or False  
"Multigrain" breads are always whole grain?

False  
(Multi-grain only means that multiple grains are used. The grains could still be refined.)