

# Westhill K-8 Lunch Menu

# September 2019

Menu Subject to Change

Westhill School District Is An Equal Opportunity Provider and Employer

National Whole Grains Month

**Second Choice**  
**OHMS Only**  
Salads and Wraps

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2  
**Labor Day**

3  
No School  
Superintendents Conference Day

4 Welcome Back!  
Popcorn Chicken  
Baked French Fries  
Seasoned Carrots  
WG Brownie Bar  
Fresh Fruit

5 Personal Pan Pizza  
Steamed Broccoli  
Tossed Salad w/  
Dressing  
Fresh Fruit

6 Chicken & Cheese Quesadilla  
Refried Beans  
Seasoned Corn  
Fresh Fruit

9 Chicken Sandwich On a Hawaiian Roll  
Sweet Potato Bites  
BBQ Baked Beans  
Fresh Fruit

10 Bacon Mac and Cheese w/ Dinner Roll  
Seasoned Green Beans  
Tomato and Cucumber Salad  
Fresh Fruit

11 French Toast Sticks w/ Sausage Patties  
Breakfast Potatoes  
100% Fruit-Vegetable Juice  
Fresh Fruit

12 Toasted Cheese Sandwich  
Tomato Soup w/ Cheez-its  
Baby Carrots w/ Dip  
Fresh Fruit

13 Homemade Pizza  
Steamed Broccoli  
Tossed Salad w/  
Dressing  
Fresh Fruit

16 Pizza Bites w/ Marinara Sauce  
Steamed Carrots  
Celery Sticks and Dip  
Fresh Fruit

17 Chicken Parm Sandwich  
Seasoned Oven Fries  
Tomato and Mozzarella Salad  
Fresh Fruit

18 Hot Dog on a WG Roll  
Sweet Potato Waffle Fries  
Tossed Salad  
Fresh Fruit Cup

19 Beef Nachos w/Cheese, Lettuce and Corn Salsa  
Seasoned Rice  
Refried Beans  
Fresh Fruit

20 Wild Mike's Pizza  
Steamed Broccoli  
Tossed Salad w/  
Dressing  
Fresh Fruit

23 Chicken Tenders w/ Dipping Sauce  
Baked French Fries  
Steamed Corn  
Fresh Fruit

24 Bacon Cheeseburger  
Sweet Potato Fries  
Baked Beans  
Fresh Fruit

25 Sausage, Egg, & Cheese Croissant  
Breakfast Potatoes  
100% Fruit-Vegetable Juice

26 Pasta w/Meat Sauce and a Garlic Stick  
Steamed Green Beans  
Grape Tomatoes and Dip  
Fresh Fruit

27 Homemade Pizza  
Steamed Broccoli  
Tossed Salad w/  
Dressing  
Fresh Fruit

30 BBQ Rib Sandwich  
Baked Beans  
Tater Tots  
Fresh Fruit

*Available with All Lunches*  
Fresh Fruit  
Assorted Fruit Cups  
Milk Choice  
**September 5: National Cheese Pizza Day**  
**September 27: National Chocolate Milk Day**

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PB & Jelly  
Available Daily at All Schools  
Selected Healthy Snacks .50

Breakfast K-4 \$1.80  
Breakfast 5-8 \$2.00  
Lunch K-4 \$2.80  
Lunch 5-8 \$3.00  
Small Milk \$.60  
Large Milk \$1.95

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Visit our website to print an application and to view menus.

[www.westhillschools.org](http://www.westhillschools.org)  
Beginning July 1, 2019 students that qualify for Reduced Price Meals will receive breakfast and lunch at no charge.

Why is it dangerous to be an apple?

They are always out on a limb.